

Yom Kippur 5787

Yom Kippur Eve – Sunday, September 20

Selichos and Shacharis	7:55 A.M.
Mincha	4:00 P.M.
Candle lighting*	7:08 P.M.
Sunset	7:26 P.M.
Kol Nidrei - Regular and Sfardi (with childcare)	7:10 P.M.
Learners' Service (Beginning with traditional Kol Nidrei)	7:10 P.M.

*If you plan on driving after lighting candles, you should stipulate at the time of lighting that you are not yet accepting Yom Kippur upon yourself. In such a situation, do not make the "Shehecheyanu" blessing while lighting candles. Instead, you will make it together with the congregation during the prayers. Care should be taken that the candle still be burning when you return home, in order to be able to benefit from its light.

Yom Kippur Day – Monday, September 21

Shacharis (Regular and Sfardi)	8:30 A.M.
Learners' Service	10:30 A.M. – 1:30 P.M.
Youth program	10:30 A.M. - 1:30 P.M.
Teen Time	10:30 A.M. - 1:30 P.M.
Sermon and Yizkor no earlier than	11:10 A.M.
Class with Rabbi Zakon	1:30 - 2:30 P.M.
Mincha	5:25 P.M.
Ne'ilah - Sfardi minyan	6:20 P.M.
Ne'ilah - Regular minyan	6:40 P.M.
Shofar blowing / Fast ends	8:10 P.M.

Prohibitions on Yom Kippur

In addition to the Melachos (creative activity which is forbidden on Shabbos) Yom Kippur has an additional five prohibitions:

1. Eating and drinking
2. Wearing leather shoes
3. Anointing with oils
4. Washing (Morning and when necessary: one may wash up to knuckles. If one has become dirty, one may wash off dirt.)
5. Marital relations.

Yom Kippur Customs:

- It is a mitzvah to eat the day before Yom Kippur.
- *Kapparos*- The ceremony of "redeeming our sins" onto money. See the Artscroll Yom Kippur Machzor, page 2.
- After the *Seudas Hamafsekes* (the meal before the fast), there is a custom to bless one's children. This emotional blessing can be found in the ArtScroll Yom Kippur Machzor on page 32.
- *Ner Nishama*- There is a custom to light a candle which will burn for all of Yom Kippur (one per couple). This is in addition to lighting a Yartzheit candle.
- Adult men are encouraged to wear a Kittel for services on Yom Kippur